



CERTIFICATE OF PARTICIPATION

PROUDLY PRESENTED TO

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**DERIVING SAMPRATHI GHATAKAS OF YAKRIT VIKARA WITH RESPECT TO
REFERENCE OF CHARAKA SAMHITHA**

Organized by P.G. Department of Kayachikitsa
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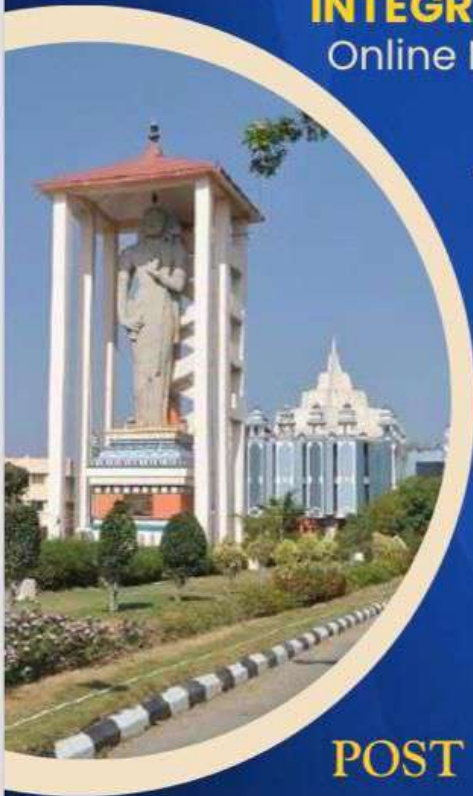


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DERIVING SAMPRATHIGHATAKAS OF YAKRITVIKARA WITH RESPECT TO REFERENCE OF CHARAKA SAMHITHA

Yakrut Vikara - Literary Review.

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ABSTRACT

INTRODUCTION: Shabdastomanidhi defines yakrit as 'yam samyamam karotiiti yakrit', meaning which governs or controls. In charaka samhitha yakrit is listed among 15 kostangas and moola of raktavaha srotas. The anatomical location of yakrit is mentioned in shushrutha samhitha as being inferior and right side of the heart. These accounts suggest that yakrit and liver are correlated. India ranks 61st in the world with 2.44% of all deaths due to liver diseases, according to WHO data released in May 2014. Liver disease being a major burden, understanding it in terms of yakrit vikara for providing better management through Ayurveda is the need of the hour. This literature review focuses on depiction of yakrit vikara within charaka samhitha, highlighting the samprapthi ghata. **Methodology** Various sections of charaka samhitha with chakrapanidatta commentary, articles and journals were reviewed to collect relevant database. **RESULT:** The review summarises the aetiology, pathophysiology and clinical manifestations of yakrit vikara as described in charaka samhitha. **DISCUSSION:** Yakrit vikara can manifest as an agantuja vyadhi, nijavyadi or even as a nidanarthakara vyadi. Although all three dosha involvement can be seen, but pitta vitiation is predominant and tends to lean towards pittaja nanatmaja vyadi with manda agni. The fact that yakrit is moola of raktavaha srotas indicates the unavoidable involvement of rakta dhatu and its srotas in yakrit vikara. Having madyama roga marga, the disease progresses rapidly leading to complications. It quickly transitions from krichra sadya avastha to asadya Avastha stage where irreversible changes occur. Here by reviewing charaka samhitha we can derive samprapthi ghata of which direct references are not available.

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