



# CERTIFICATE

## OF PARTICIPATION

PROUDLY PRESENTED TO

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For having presented a paper in the national seminar on YAKRUT PRABODHINI 2024 with the theme "INTEGRATE. ACCELERATE. ELIMINATE." under the title

**DERIVING SAMPRATHI GHATAKAS OF YAKRIT VIKARA WITH RESPECT TO  
REFERENCE OF CHARAKA SAMHITA**

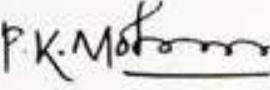
Organized by P.G. Department of Kayachikitsa  
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JULY 25TH, 2024

  
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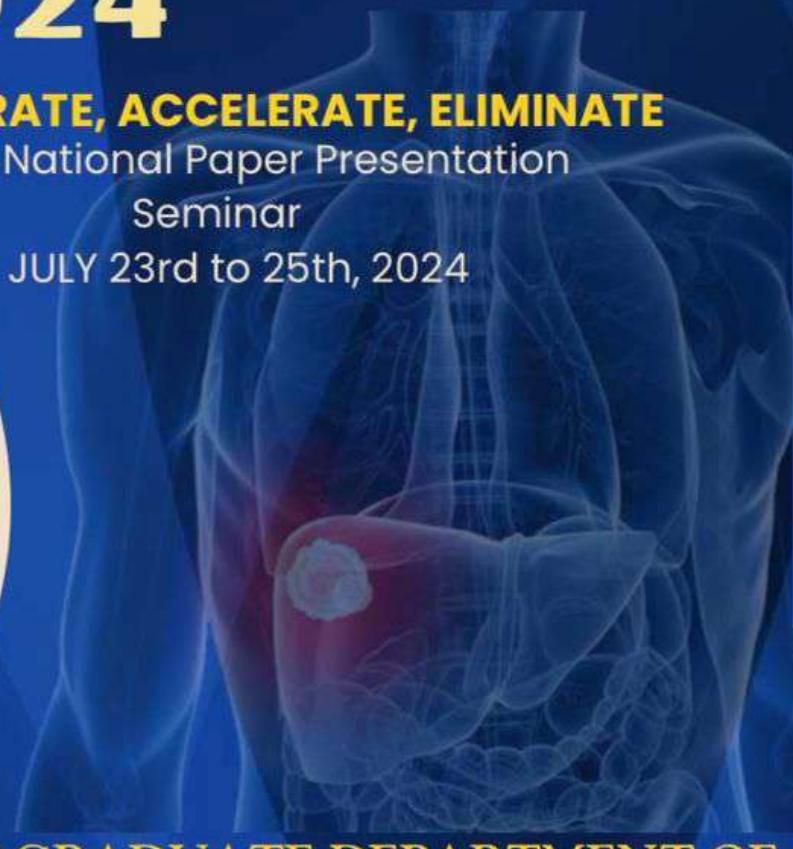


# **YAKRUT PRABODHINI 2024**

**INTEGRATE, ACCELERATE, ELIMINATE**

Online National Paper Presentation  
Seminar

JULY 23rd to 25th, 2024



**POST GRADUATE DEPARTMENT OF  
KAYACHIKITSA**

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# **Jury Consolation**

## **DERIVING SAMPRATHIGHATAKAS OF YAKRITVIKARA**

### **WITH RESPECTTO REFERENCE OF CHARAKA SAMHITHA**

Yakrut Vikara - Literary Review.

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#### **ABSTRACT**

**INTRODUCTION:** Shabdastomanidhi definesyakrit as 'yam samyamam karotiiti yakrit', meaning which governs or controls. In charaka samhitha yakrit is listed among 15 kostangas and moola of raktavaha srotas. The anatomical locationof yakrit is mentioned in shushrutha samhithaas being inferior and right side of the heart. These accounts suggests that yakrit and liver are correlated. India ranks 61st in the world with 2.44% of all deaths due to liver diseases, according to WHO data released in May 2014. Liver disease being a major burden, understanding it in terms of yakrit vikara for providing better management throughAyurveda is the need of the hour. This literature review focuses on depiction of yakrit vikara within charaka samhitha,highlighting the sampraphi ghatas. **Methodology** Various sectionsof charaka samhitha with chakrapanidatta commentary, articles and journals were reviewed to collect relevant database. **RESULT:** The review summarises the aetiology, pathophysiology and clinicalmanifestations of vakrit vikara as described in charaka samhitha. **DISCUSSION:** Yakrit vikara can manifestas an agantuja vyadhi, nijavyadi oreven as a nidanarthakara vyadi. Although all there 3 dosha involvement can been seen, but pitta vitiation ispredominant and tends to lean towards pittaja nanatmaja vyadi with manda agni. The fact thatyakrit is moola of raktavaha srotas indicates the unavoidable involvement of rakta dhatu and its srotas in yakrit vikara. Having madymaya roga marga, the disease progresses rapidly leading to complications. It quickly transitions from krichra sadya avastha to asadya Avastha stage where irreversible changesoccur. Here by reviewing charakasamhitha we can derive sampraphi ghataka ofwhich direct references are not available.

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